

3:40 p.m. – 3:45 p.m.	Five for Five: 5 Takeaways in 5 Minutes
3:45 p.m. – 4:05 p.m.	Networking Energy Break Refreshments Available Main Auditorium (Atlantis Theatre)
4:05 p.m. – 4:30 p.m. (Includes 5-minute Q&A)	Setting the Stage for Health and Wellbeing in Early Life Zulfiqar Bhutta, MBBS, FRCP, FRCPH, FAAP (Hon), PhD <i>Professor, Women and Child Health, Aga Khan University, Karachi, Pakistan and Global Pediatric Research, Hospital for Sick Children, Toronto, Canada</i> Professor Bhutta, a leading expert in global child health, discusses key findings on early life adverse exposure (from birth to age 20) that sets the stage for shortened lifespan and poor quality of life, as well as interventions that support healthy longevity throughout the span of life.
4:30 p.m. – 5:05 p.m. (Includes 5-minute Q&A)	Precision of Stem Cells, Peptides, and Exosomes in Regenerative Medicine Professor Dato’ Sri Dr. Mike K.S. Chan, PhD <i>Founder, European Wellness Biomedical Group, Germany</i> Not all stem cells, peptides and exosomes work well for all types of specific diseases and disorders, as targeted homing in respective organs is necessary for the regeneration of organs, not just stimulation in cell signaling. Precision in regenerative medicine is the principle of “Similia Similibus Curantur,” and is very much needed to provide the right type of targeted organ and tissue-specific stem cells, peptides and exosomes. With 78 organs in the human body, there are over 700 different types of cells and stem cells to treat. For stem cells to precisely home into respective signaling addresses, the same proteins, molecules and structures are required.
5:05 p.m. – 5:10 p.m.	Letters from the Future Bridging-the-Future Program
5:10 p.m. – 5:30 p.m.	Regenerative Therapeutics and Lifestyle Medicine Whole-Person and Whole-System Action Panel on Investing in Quality of Life and Advancement of Humanity. Chair: Dr. Mima Geere (Clinician) Panelists: Dr. Jay Holder (Chiropractor), Dr. Marc Penn (Clinician/Entrepreneur), Dr. Jeff McNairy (Clinical Psychologist), and Dr. Steve Gerst (Investor)
Summit speakers, scientists, inventors, healthcare providers, investors, biohackers and general conference attendees (patients and professionals) who want to live better and longer – move to Exhibition Hall for The Exhibition Hall Grand Opening Ceremony and Public Lecture, starting at 5:30 p.m.	
EXHIBITION HALL GRAND OPENING CEREMONY AND PUBLIC LECTURE HEALinc Exhibition Hall (Imperial Ballroom A & B) and Main Auditorium (Atlantis Theatre)	
5:30 p.m. – 6:00 p.m.	HEALinc Exhibition Hall Grand Opening Exhibition Hall (Imperial Ballroom A & B) The Exhibition Hall Grand Opening Ceremony features: • The ‘Art-For-Life’ visual art exhibition, curated by Nicole Collie (Founder, Gray Spaces; Co-Founder, Emerging Creatives) • Musical performance • Special announcements and ‘hot off the press’ news from sponsors and partners • VIP networking opportunities with the Minister of Health of The Bahamas and other key Bahamian and international dignitaries and influencers