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| <p><b>9:40 a.m. – 10:05 a.m.</b><br/>(Includes 5-minute Q&amp;A)</p>  | <p><b>Longevity and Personalized Medicine: Evidence-Based Integrative Approaches to Regenerative Health</b><br/><b>Mima Geere, MD, MS, IFMCP, AHC</b><br/><i>Founder and CEO, Mimansa</i></p> <p>Dr. Geere will speak about the implementation of holistic approaches in a new longevity-based healthcare framework. Our health and longevity are improved through meditation, happiness, nutrient-rich foods, and lifestyle modifications. Dr. Geere shares hidden treasures from cultures around the world that cultivate practices and rituals with proven benefits towards health and longevity. She expands on how we can improve the future of healthcare by implementing some of these traditional longevity-based practices into a modern yet holistic longevity-based healthcare framework.</p> |
| <p><b>10:05 a.m. – 10:30 a.m.</b><br/>(Includes 5-minute Q&amp;A)</p> | <p><b>What are the Keystone Microbes of the Human Microbiome, and How Do They Hold the Keys to Truly Functional Longevity?</b><br/><b>Compton Rom</b><br/><i>Founder, Ascended Health</i></p> <p>Ascended Health’s scientifically formulated, all natural products are designed to enrich our microbiome with longevity, empowering our bodies to heal themselves. In this presentation, Compton Rom discusses the hidden key to functional longevity and a regenerative body: Keystone Microbes. This talk will focus on what they are, how to cultivate them to create a diverse microbiome, and how they can lead to healthier long-term outcomes.</p>                                                                                                                                                |
| <p><b>10:30 a.m. – 10:55 a.m.</b><br/>(Includes 5-minute Q&amp;A)</p> | <p><b>Systemic Inflammation, the Microbiome, Longevity and Dentistry</b><br/><b>Marc S. Penn, MD, PhD, FACC</b><br/><i>Director of Research and Cardiovascular Medicine Fellowship, Summa Cardiovascular Institute</i></p> <p>Dr. Marc Penn outlines systemic inflammation, inflammaging, and changes in the microbiome associated with aging by connecting the dots between biotech, medicine and dentistry. This presentation focuses on pioneering, novel therapeutics and diagnostics for the treatment, modification and prevention of inflammation-driven diseases.</p>                                                                                                                                                                                                                            |
| <p><b>10:55 a.m. – 11:15 a.m.</b></p>                                 | <p><b>Networking Energy Break</b><br/>Coffee and refreshments will be provided.</p>                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                                      |
| <p><b>11:15 a.m. – 11:40 a.m.</b><br/>(Includes 5-minute Q&amp;A)</p> | <p><b>Is There a Common Neural Network Signature to Cognitive Disorders That Is Druggable?</b><br/><b>Evan Snyder, MD, PhD, FAAP</b><br/><i>Professor and Founding Director, Center for Stem Cells and Regenerative Medicine at Sanford</i></p> <p>Dr. Evan Snyder explores the use of stem cells to understand normal and abnormal development, to model the molecular mechanisms’ underlying disease states in order to discover therapies (including drugs) to reverse those processes, and to serve as direct mediators of therapeutic and homeostasis-restoring actions.</p>                                                                                                                                                                                                                        |
| <p><b>11:40 a.m. – 12:05 p.m.</b><br/>(Includes 5-minute Q&amp;A)</p> | <p><b>Innovative Regenerative Therapeutic Options for Patients with Degenerative Diseases of the Spine</b><br/><b>Kevin T. Foley, MD, FAANS, FACS</b><br/><i>Professor of Neurosurgery, University of Tennessee Health Science Center, Memphis</i></p> <p>This presentation provides an overview of regenerative medical solutions for chronic longevity illnesses, with a specific focus on novel approaches for cures and an example of an FDA-approved innovative therapeutic option currently available for disc degenerative disease. Clinical translation and accelerated pathways to patient access are also discussed.</p>                                                                                                                                                                       |