

DAY 1 AGENDA

7:15 a.m. - 8:30 a.m.	Meditation & Movement
8:30 a.m. - 9:00 a.m.	Introduction and Welcome Remarks Dr. Desirée Cox, MD, MPhil, PhD CEO/Founder of HEALinc Future Health Summit Greetings and Remarks Minister of Health, The Honorable Dr. Michael Darville Protocol is established.
9:00 a.m. - 9:40 a.m.	Opening Keynote The Biology of Aging: Scientific Underpinnings of the Emerging Longevity Industry <i>This opening keynote presentation provides an overview of the biology of aging and the science of longevity. This presentation sets the stage for a key theme of Day 1 discussions of the early years of a field predicted to emerge as one of the most important areas of our time.</i>
9:40 a.m. - 10:00 a.m.	Presentation Biological Aging, Epigenetic Clocks and Aging Biomarkers: Evaluating Efficacy of Advanced Longevity and Regenerative Medicines
10:00 a.m. - 10:45 a.m.	Whole-Person and Whole-System Action Panel: Connecting the Dots <i>This panel draws on the perspectives of scientists, healthcare providers, investors, pharma, commercial entities and policy makers in action on the safety and efficacy of regenerative medicines and longevity technologies.</i>
10:40 a.m. - 10:45 a.m.	5 Takeaways in 5 Minutes
10:45 a.m. - 11:15 a.m.	Networking Energy Break <i>Coffee and refreshments will be provided.</i>
11:15 a.m. - 11:35 a.m.	Presentation Healthy Longevity Solutions for All? Longevity, Genomics and Diversity
11:35 a.m. - 11:55 a.m.	Presentation Hot Topic Mitochondria Dysfunction: Promising Clinical Interventions
11:55 a.m. - 12:15 p.m.	Presentation Hot Topic Supplements for Rejuvenation and Longevity: What Works and What Doesn't
12:15 p.m. - 12:55 p.m.	Whole-Person and Whole-System Action Panel: Staying Grounded <i>This panel draws on the perspectives of scientists, healthcare providers, investors, commercial entities, pharma and policy makers in action on the clinical translation of stem cells, regenerative medicines and longevity technologies.</i>

12:55 p.m. - 1:00 p.m.	5 Takeaways in 5 Minutes
1:00 p.m. - 2:00 p.m.	Interactive Lunch <i>Our Interactive Lunches feature small presentations and/or talks alongside a complimentary mid-day meal.</i>
2:00 p.m. - 2:20 p.m.	Presentation Senolytics: Patient Awareness and Actionable Clinical Translations
2:20 p.m. - 2:40 p.m.	Presentation Inflammation, Aging, and the Immune System
2:40 p.m. - 3:00 p.m.	Presentation The Role of Pharma in Longevity and Regenerative Medicines
3:00 p.m. - 3:30 p.m.	Presentation What Does Future Health and Regenerative and Longevity Medicines Mean for Developing World Countries?
3:30 p.m. - 4:25 p.m.	Whole-Person and Whole-System Action Panel: Staying Grounded <i>This panel draws on the perspectives of scientists, healthcare providers, investors, commercial entities, pharma and policy makers in action on the clinical translation of stem cells, regenerative medicines and longevity technologies.</i>
4:25 p.m. - 4:30 p.m.	5 Takeaways in 5 Minutes
4:30 p.m. - 5:30 p.m.	Governor General arrives. Conference delegates are invited to network with speakers and other delegates from the day. • Top STEM students from the Bridging-the-Future program are introduced into the main Summit to join the Public Lecture. • Governor General, Prime Minister and Dignitaries tour the Exhibition Hall and engage with investors, sponsors and featured speakers.
5:30 p.m. - 5:45 p.m.	Master of Ceremonies: HEALinc Annual Public Lecture
5:45 p.m. - 6:00 p.m.	Remarks Dr. Desirée Cox, CEO/Founder of HEALinc Future Health Summit shares opening remarks with a wider audience.
6:00 p.m. - 6:15 p.m.	Remarks Prime Minister delivers remarks and declares the 2023 HEALinc Summit officially open.
6:15 p.m. - 7:00 p.m.	Keynote: HEALinc Annual Public Lecture
7:00 p.m. - 7:45 p.m.	Interactive Cocktail Reception in Exhibition Hall Area <i>Speaker and delegates will proceed directly to the cocktail reception area, where they may engage in Q&A with complimentary refreshments in an informal setting. All delegates (including Bridging-the-Future STEM students) are invited to network, engage and be photographed with the international keynote speaker and government dignitaries.</i>