



HEALinc FUTURE HEALTH
INNOVATION SUMMIT

HEALinc Future Health Innovation Summit The Bahamas

Proactive Pathways to Regenerative Health and Longevity

The Atlantis Resort,
Paradise Island

April 28th - 30th

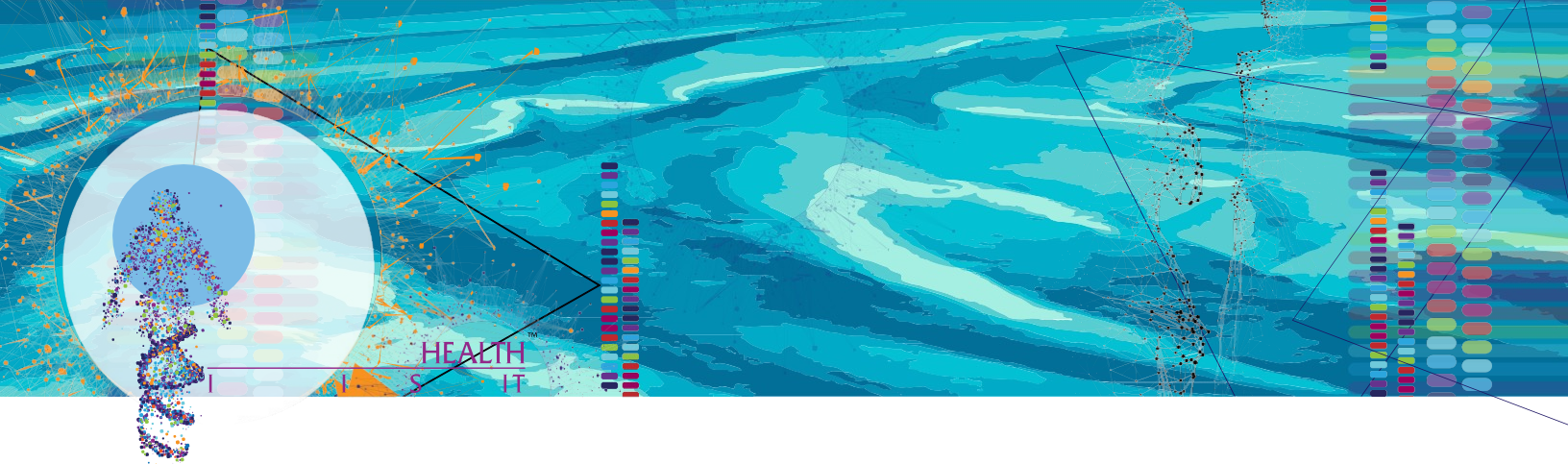
2024





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The 2024 HEALinc Future Health Innovation Summit in The Bahamas

Proactive Pathways to Regenerative Health and Longevity

The Bahamas, April 28th - 30th, 2024

20+ Speakers | 20+ Sponsor Opportunities | 2 Days | 50+ Networking Opportunities

Message from Dr. Desirée Cox (MD, MPhil, PhD), CEO and Founder of HEALinc and The HEALinc Future Health Innovation Summits.



Click [here](#) to learn more
about Dr. Desirée Cox

The HEALinc Future Health Innovation Summits have a distinct and unique purpose: to foster collaborative efforts in regenerative medicine, to dismantle outdated thinking styles and barriers to future health, and to help people live better and longer through easier access to advanced longevity technologies. Founded in 2018, the HEALinc Summits unite the most accomplished members from communities of scientists, clinicians, healthcare providers, investors, policy makers, regulators, commercial entities and pharmaceutical companies. We are excited to hold the 2024 HEALinc Summit at the Atlantis Resort on Paradise Island, The Bahamas, the same venue where we achieved tremendous success with the 2023 HEALinc Summit.

Take a moment to browse our website at <https://www.healincsummit.com> for more information about the HEALinc Summits. We encourage you to check back on our website for updates on the 2024 Summit in the coming months, as well as the 2023 recap, which will feature testimonials from the top luminaries, entrepreneurs, scientists and healthcare providers

who were speakers and delegates at our event. Here in this informative PDF, we share a brief background about the HEALinc Summit and what the Summit is about, as well as highlights from the 2023 HEALinc Summit and the opportunity of the 2024 HEALinc Summit in The Bahamas.

Join us as we continue to build on the platform established at our Inaugural Summit in 2018. I look forward to discussing how we can share the HEALinc vision and partner with you to create and advance the future of health.

Live long and be well,

Dr. Desirée Cox (MD, MPhil, PhD)

Founder/Creator and CEO of The HEALinc

www.healincsummit.com

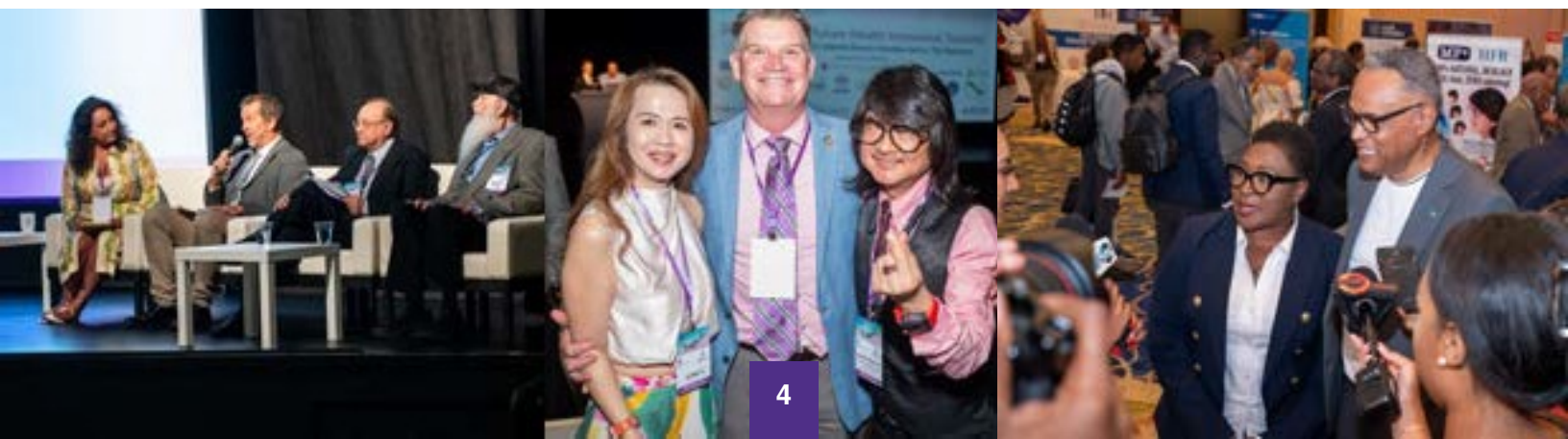


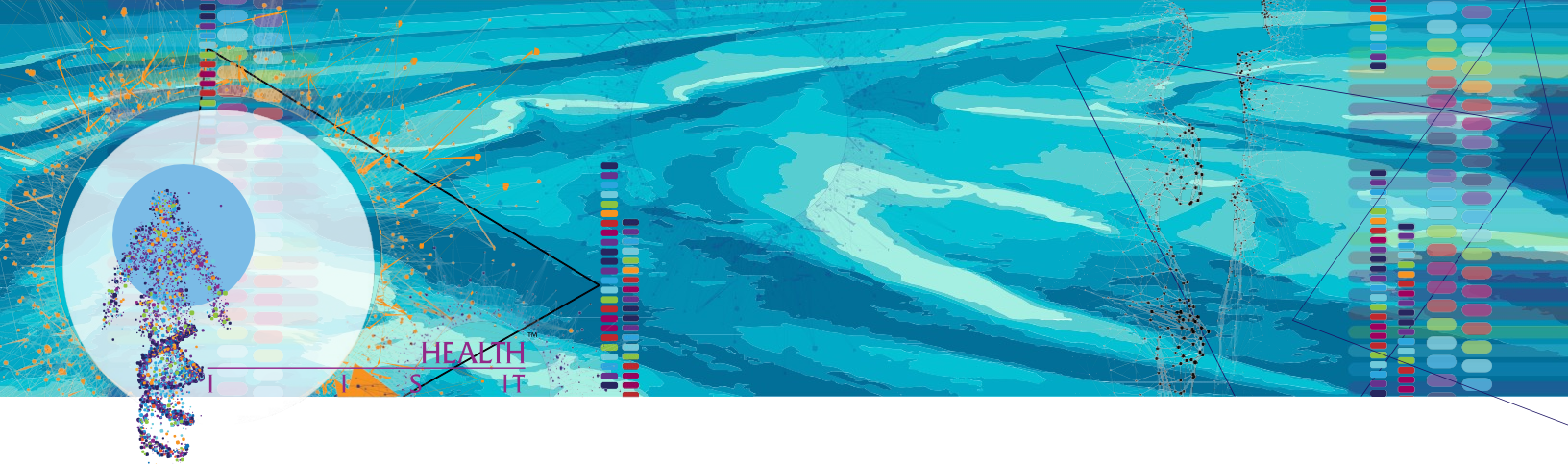
Established by Dr. Desirée Cox (MD, MPhil, PhD) in 2018, The HEALinc Future Health Summit is a global networking platform that unites scientists, innovators, thought leaders, entrepreneurs, and medical professionals who share one common goal: to empower people to take control of their health and future. The HEALinc's mission is to champion the future of health by connecting the dots between the scientific and medical experts, push the boundaries of outdated thinking styles and systems, and link patients to resources that promote enhanced quality of life through safe and effective regenerative therapies.

The HEALinc Summit is a specially curated annual 3-day event with over 350 in-person attendees. We encourage unique networking opportunities for industry professionals to advance in the longevity, regenerative health and wellbeing industries. Each year, scientists, healthcare providers, investors and policy makers offer positive feedback about the benefits of learning about the latest cutting-edge scientific breakthroughs in longevity and regenerative technologies at a Summit where top-tier presentations are also accessible to non-healthcare professionals committed to taking their health to the next level.

The 2018 and 2019 HEALinc Future Health Innovation Summits were landmark events for the future health and regenerative medicine space. Held in Nassau, the Bahamas, they focused on expanding the emerging mandate and new paradigm for personal wellness and optimal health. They also emphasized the importance of providing equitable access to optimal health therapeutics for everyone, regardless of jurisdiction or economic status. The third and most recent 2023 HEALinc Future Health Innovation Summit featured 40+ speakers whose presentation topics ranged from the science of healthy longevity, mitigating trauma and stress, and accelerating access to cutting-edge integrative regenerative technologies in and outside of the US to psychedelics for mind-body rejuvenation and cultivating a global future health workforce.

For more information on HEALinc and the HEALinc Summits, we invite you to scroll down to the Appendix section of this PDF. We also encourage you to view our website at www.healincsummit.com.





The 2023 HEALinc Future Health Innovation Summit: Overview

The 2023 HEALinc Summit, which took place from April 17th – 19th at the luxurious Atlantis Resort in Nassau, The Bahamas, marked a milestone as our most exceptional and successful event to date.

2023 HEALinc Summit: Summit Statistics

- 3 Days | In-Person and Virtual Attendees
- 367 Attendees
- 43 Speakers
- Target Audience/Attendees: Innovators/Entrepreneurs (25%), Scientists/Healthcare Providers (75%), Investors (25%), College Students, Biohackers, Curious Members of the Public (15%)
- In-Person Delegates from Malaysia, China, Germany, Sweden, The US, Panama, and The Bahamas
- Age Range: 18 – 80
- 34 Lectures | 5 Panels
- 100+ Networking Opportunities
- 23 Sponsors and Partners



- Topics:
 - Mind-body rejuvenation
 - Strategies for managing trauma and stress
 - The science behind healthy longevity
 - The body's innate capability for regeneration
 - Innovative therapeutics for mental health
 - Reproductive longevity
 - Regenerative medicine for chronic diseases
 - Building a future health workforce
 - Investing in longevity and rejuvenation
 - Plant medicine, psychedelics, and their impact on regenerative wellness

2023 HEALinc Summit: Speakers

The 2023 HEALinc Summit featured 40+ speakers affiliated with top-tier universities, including Harvard University, Stanford University, UCSF, Columbia University, Mayo Clinic, and University of Miami. Speakers were both in-person and virtual and covered a diverse array of topics pertaining to healthy longevity and regenerative wellness.

Featured Speakers



Dr. Desirée Cox, MD, PhD, PhD



Bill W. Faloan



Cassandra Violon, PhD



Aubrey de Grey, PhD



Paul Robbins, PhD



Dr. David Furman, PhD



Michael Lovin, PhD



Dr. Evan Y. Snyder, MD, PhD,
FAAP



Jean M. Hébert, PhD



Katarina Le Blanc, MD, PhD



Joshua Hare, MD, FACC,
FAHA



Dr. Pranaka Ramashwar, BS,
PhD



Ian A. White, MS, PhD,
FACRM



Dr. Jeff McNairy, PsyD, MPH



Prof. Dato' Sri Dr. Mike K.S.
Chan

To view our full list of 43 speakers featured at the 2023 HEALinc Summit, please visit the Speaker Page on our website at: www.healincsummit.com/speakers, where you can also view the full lists of speakers from our 2019 and 2018 Summits.



2023 HEALinc Summit: Lecture and Panel Discussion Topics

Speaker presentations challenged outdated thinking styles and systems, connected the dots between scientific and medical experts, and facilitated resource connections to promote enhanced quality of life through safe and effective regenerative therapies.

DAY 1: The Future of Longevity Medicine | Why Healthy Longevity is For Everyone | Longevity Health Aspirations | Longevity Education | Developments and Advancements in Regenerative Medicine

DAY 2: Healthy Mind-Body Rejuvenation and Longevity | Affordability, Accessibility and Safety | Plant Medicine and Psychedelics | Innovative Therapeutics for Mental Health | Preventing Poor Health and Trauma Habits

DAY 3: Future Health Workforce | Stem Cell and Regenerative Medicines for Chronic Diseases | Diabetes and Neurodegenerative Diseases of the Spine | Women in Biotech | Investing in Longevity and Rejuvenation





Rave Reviews for the 2023 HEALinc Summit: Testimonials from Speakers, Sponsors and Delegates

"I loved this Summit. I enjoyed the broad scope and the different speakers in attendance. My favorite part was the panel discussions. More conferences need these sessions – it gives the audience the opportunity to interact." – **Dr. Ian White, 2023 HEALinc Speaker and Sponsor**

"The conference was a great opportunity for us to meet relevant and interesting partners/potential collaborators within the Bahamian and American stem cell/longevity ecosystem. The speakers presented truly interesting scientific findings related to the [field], which will strengthen our knowledge and inspire our future research." – **Isak Nylen on behalf of Cellcolabs, 2023 HEALinc Sponsor**

"HEALinc had a wide variety of anti-aging and longevity solution presentations this year. It was very interesting to hear about all the different approaches that are making headway in the regenerative field, from cellular therapy to plant medicine, and how to incorporate the use of these new treatments into individualized treatment plans." – **Jessica Protenic on behalf of Longeveron, 2023 HEALinc Sponsor**

"I liked all the speakers and topics discussed. Everything was very interesting. I appreciated how orderly, on-point and timely each speaker was, as regulated by Dr. Cox." – **Jeff McNairy, 2023 HEALinc Sponsor and Speaker**

"The speakers were well-chosen, and I enjoyed the positivity and enthusiasm of the attendees, the speakers, and especially Dr. Cox. The Summit allowed me to continue to learn all the new scientific discoveries and breakthroughs that are coming to fruition in the near future and to align myself with like-minded doctors, scientists, and researchers." – **Dr. Robert Kast, MD, 2023 HEALinc Attendee**

"I was fascinated by the discussion of the attempts by The Bahamas to become a destination for restorative and regenerative medicine to boost its economy and to do this ethically. Dr. Cox will be instrumental in this, and I can't think of a person better suited to the role." – **Dr. Allan Wilke, MD, 2023 HEALinc Attendee**

"It was great to have a conference of this magnitude in The Bahamas. The convergence of scientific minds was a benefit to me and [to] all." – **Arvis Mortimer, 2023 HEALinc Attendee**

"I love the fact that there were a variety of topics – even tips on how to grow your business."
– **Nathelyn Lacroix, 2023 HEALinc Attendee**

"I loved the lineup of speakers and the many opportunities for real connection. The dinner event on the beach was absolutely fantastic. [Dr. Cox] is a fantastic host. Her enthusiasm and profound affection and respect for all working towards our common cause comes through in her stage presence and thoughtful discussion questions posed to speakers." – **Greg Grinberg, 2023 HEALinc Speaker and Sponsor**





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2023 HEALinc Summit: Key Program Themes

To view the full Program Agenda, please visit our website at: www.healincsummit.com/summit-agenda.

Day 1 Lecture Themes: Healthy Longevity, Regenerative Medicine, and Clinical Translation

- Connecting the Dots Between Quality of Life, Longevity and Affordable Access to Regenerative Therapies
- Senolytics and The Future of Longevity Medicine
- Longevity Futures: Philanthropy, Basic Science Research and Combination Therapeutics
- How to Make Longevity a Mainstream Topic
- The Systemic Rate Limiters to Bringing Chronic Disease and Biological Aging Under Medical Control
- Reproductive Longevity and Female Fertility
- Space and Longevity: A Novel Dimension in Longevity Research
- The Evolution of Human Aging Offers Insights into Potential Therapeutic Countermeasures
- Envisioning the Future of Health
- What's Delaying Regenerative Medicine?
- Brain Repair and Age Reversal with Tissue Replacement
- Mesenchymal Stem Cells Carry mRNA Profile Promoting Lung Repair
- Setting the Stage for Health and Wellbeing in Early Life
- Precision of Stem Cells, Peptides and Exosomes in Regenerative Medicine
- Regenerative Therapeutics and Lifestyle Medicine
- Ecosystem for Wellbeing to Cultivate Mental Health, Post-Traumatic Growth, and Quality of Life

Day 2 Lecture Themes: Clinical Translation and Emerging Regenerative Innovations in Mental Health

- Connecting the Dots Between Quality of Life, Longevity and Affordable Access to Regenerative Therapeutics for All
- Dysregulation of mRNA Processing – A New Hallmark of Aging
- Longevity Therapies and Clinical Translation: A Scientific, Policy and Investor Perspective
- Longevity and Personalized Medicine: Evidence-Based Integrative Approaches to Regenerative Health
- What Are the Keystone Microbes of the Human Microbiome, and How Do They Hold the Keys To Truly Functional Longevity?
- Systemic Inflammation, the Microbiome, Longevity and Dentistry
- Is There a Common Neural Network Signature to Cognitive Disorders That is Druggable?
- Innovative Regenerative Therapeutic Options for Patients with Degenerative Diseases of the Spine
- Bringing Mesenchymal Stromal Cells to the Clinic
- Immunoaging in Regenerative Medicines: Cost-Effective Technology
- Regenerative Futures and Regulatory Considerations
- The Art of the Look Back: How to Reduce Your Taxes by 50%
- How to Increase Your Non-Insurance Revenues Without Running Any New Advertisements



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- Strategies for Expediting Access to Regenerative Medicines and Wellness Products
- Intervention Strategies for Reward Deficiency Syndrome to Establish State of Wellbeing and Human Potential
- Plant Medicine, Psychedelics and the Inner-Sciences of Mental Wellness: Implications for Healthy Longevity and Rejuvenation

Day 3 Lecture Themes: Educating The Next Generation of Future Healthcare

- Providers and Innovators
- Regenerative Cardiology: What Does It Take to Have a Winner?
- Advances in Stem Cell and Regenerative Therapies in Autoimmune and Metabolic Disease: Implications for Healthy Longevity
- Stem Cell and Regenerative Medicine Programs in The Bahamas: Principal Investigators (PIs and CO-PIs)
- Bahamas Plastic Surgery Center Stem Cell & Regenerative Medicine Program
- Medical Pavilion Stem Cell & Regenerative Medicine Program
- Doctors Hospital Healthcare System Stem Cell & Regenerative Medicine Program
- Curating Regenerative Medicine Ecosystems
- Healthspan Advocacy: The New Global Movement
- Women in Biotech, Healthspan and Longevity
- Visionary Keynote: Redefining the Scope of Longevity



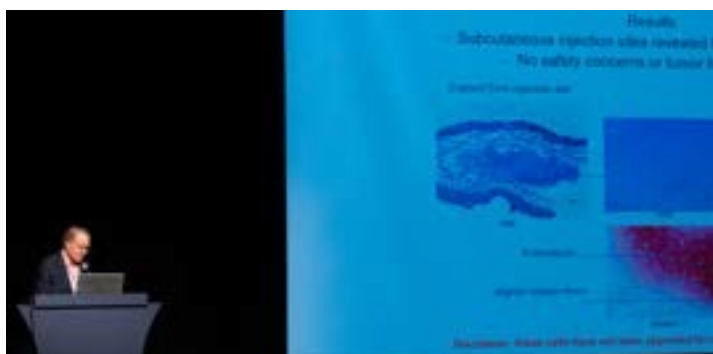


2023 HEALinc Summit: Featured Photos





2023 HEALinc Summit: Featured Photos





2023 HEALinc Summit: Featured Photos



2023 HEALinc Summit: Partners & Sponsors

Title Sponsors

ALBANY
BAHAMAS

Visionary Partners / Platinum Sponsors



Silver and Gold Sponsors and Donors



Global Health Benefactors





Contact Us

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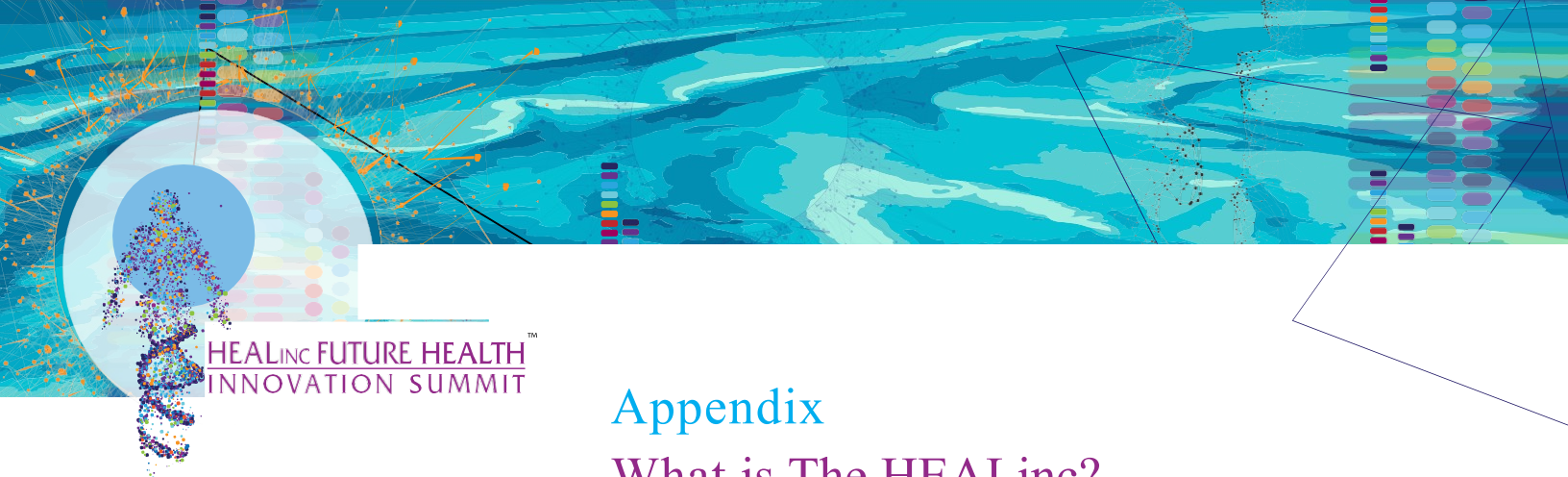
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Appendix

What is The HEALinc?

The HEALinc (<https://www.healincsummit.com>) is a global organization founded by Dr. Desirée Cox, MD, MPhil, PhD, a Rhodes Scholar and key architect of an innovative, ethical model for accelerating global access to regenerative medicines. The HEALinc provides a platform to bring together a cross-disciplinary and cross-generational cadre of top-tier scientists, healthcare providers, investors, commercial entities, and industry leaders to 1) cocreate a coherent, unified future health narrative of longevity and rejuvenation; and b) ensure optimal cross-pollination between our education and R&D programs. HEALinc partners with innovators, industry leaders and benefactors to remove barriers to self-efficacy and enhanced personhood for the benefit of human health and the planet. Our approach is 3-pronged:



1. Convenings that Connect People, Ideas and Opportunities: Our unique cross-disciplinary and cross-generational HEALinc Future Health Summits in 2018, 2019 and 2023 amplified connectivity and global networks in stem cell, regenerative medicine, mind-body and personal wellness spaces. Upgrading to the hybrid, intimate, in-person HEALinc360 conclaves (advanced by our 360 online platform) will enhance our global impact.



2. Ecosystem for Accelerated Access to Advanced Technologies: For close to a decade, HEALinc Founder Dr. Desirée Cox has been the leader for an ethical system for accelerated access to emerging regenerative medicines and advanced longevity technologies.



3. Unleashing the Collective Genius of People Everywhere: Unlocking the collective intelligence about proven resilience, regenerative health and longevity practices from diverse populations inspires innovation and empowers individuals everywhere to take control of their own health and wellness prior to illness, throughout illness, and into healing. Our Bridging-to-the Future program for integrating young STEM students (ages 10-17) into our HEALinc Summits and conclaves takes inclusivity to another level.



For more information on The HEALinc and past HEALinc Summits, visit our website: <https://healincsummit.com>



Our Target Audience

The HEALinc Future Health Innovation Summit offers a unique networking opportunity for top luminaries, investors, scientists, policy makers, thought leaders and acclaimed speakers, both internationally and within the Bahamas. Our Summits leverage the commercial advantage of a crucible for global access to safe, USmanufactured regenerative medicines and advanced longevity technologies, and provide an educational space for connecting a global network of innovators, healthcare providers, and patients. Our target audience falls within three broad categories:



- 1. Scientists and Innovators** will discover how to increase global access to safe regenerative medicines and longevity technologies not available in the US to patients with unmet needs.
- 2. Entrepreneurs and Investors** will have the opportunity to form partnerships with local healthcare professionals to get ahead and create pathways to commercialization of cutting edge health technologies.
- 3. Healthcare Providers (International and/or Local Nurses and Doctors)** will learn how to better help their patients improve quality of life using the latest future health technologies, many of which are being made available in the Bahamas through US companies operating in the translational medicine space. MDs will receive 2 CME credits for attending the Summit.

+ 2023 Summit Attendance and Attendees



HEALinc stands for, believes in, and champions the future of health: healthy longevity, sustained quality of life, and regenerative therapies with no undesirable side effects. The 2023 Summit elevated attendees' educational knowledge of regenerative health and longevity by tracing recent developments and addressing gaps in the field to move towards a more holistic approach to human health.

Our annual Summits are attended by hundreds of top clinicians, scientists, and policy makers from all over the world. At past Summits, we've hosted international luminaries and delegates from the US, Europe, Latin America, and India. Our Summits are continually sponsored by prominent commercial entities in the stem cell and regenerative wellness space such as IBM, Longeveron, The Cura Foundation, Celularity, Sanford Health, THOR, and Okyanos, among others.

The 2023 HEALinc Summit hosted 350+ in-person and virtual attendees.



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Building on the Past: Featured Speakers of 2018, 2019 and 2023

The HEALinc boasts an impressive lineup of internationally acclaimed speakers and presenters. Our 2023 HEALinc Summit secured speakers such as Bill Faloona (Life Extension), Dr. Aubrey de Grey (SENS), Dr. Cassandra Vieten (John W. Brick Mental Health Foundation), Dr. Jean Hébert (Albert Einstein College of Medicine, New York), Dr. Katarina Le Blanc (Karolinska Institute, Sweden), Dr. Michael Levin (Tufts), Dr. Jeff McNairy (Rythmia Life Advancement Center), and Dr. David Furman (Buck Institute for Research on Aging), among others. We encourage you to browse the 2023 Speaker Page on our website for the full list of speakers:

<https://www.healincsummit.com/speakers>



Our 2019 HEALinc Summit featured speakers such as Dr. Joe Dispenza, Dr. Joshua Hare (Longevity), Dr. Bob Hariri (Founder and CEO of Celularity), James Carroll (Founder and CEO of THOR), Tony Robbins, Dr. David Pearce (Sanford Health), and Dr. Ritamarie Loscalzo, among others. Browse our list of 2019 Speakers here:

<https://healincsummit.com/2019-healincspeakers>



Our 2018 HEALinc Summit featured speakers such as Dr. Bob Hariri (Founder and CEO of Celularity), Dr. Aubrey de Grey (Chief Science Officer of SENS), Dr. Marc Penn (BBLS and Okyanos), Dr. David Metcalf (UCF-iCorps and METIL), Peter Diamandis (Singularity University), Bill Fields, Tanmay Bakshi (IBM Watson), Dr. Kyu Rhee (IBM), Dr. David Hasse and Bernie Siegel, JD (Regenerative Medical Foundation), among others. Browse our list of 2018 Speakers here:

<https://healincsummit.com/2018-healincspeakers>